

Final J1 + J3
Nachwuchs Schweizermeisterschaften - Championnat Suisse des Espoirs
May 24th-25th - Lugano

Saturday, May 24th

07:00 Pool Opening

07:10 Team Manager's Meeting

07:25-07:50 Warm up Solo Tech

07:25 Technical Controllers' and Judges' Meeting Solo Tech

08:00-09:10 Male Solo Tech (Pre) and Female Solo Tech J1 (14)

09:20-09:45 Warm-up Figures J3 ½ the swimmers from each club

09:45-10:10 Warm-up Figures J3 ½ the swimmers from each club

09:40 Judges' Meeting Figures J3

10:20-11:35 Figure Competition J3 (81)

11:45-12:10 Warm up Duet Free J1

11:45 Technical Controllers' and Judges' Meeting Duet Free J1

12:00 Draw for J3 Team and Solo Start Lists

12:20-13:40 Duet Free J1 (10) and 1 Mixed Duet Free (out of competition)

Warm up Team Free J3 and Team Tech J1 in 3 groups - 5 min. swimming + run through with music:

13:50-14:15 Warm up Team Free J3 – St. 1-6

14:15-14:40 Warm up Team Free J3 – St. 7-9 + Team Tech J1 St. 1-2

14:40-15:05 Warm up Team Tech J1 – St. 3-7 (+ 1 Male Solo Tech)

13:50 Technical Controllers' Team Free J3 – observe music training

14:15 Technical Controllers' Meeting Team Tech – observe music training

14:15 Judge's Meeting Team Free J3

14:30 Judge's Meeting Team Tech J1

SPONSORS



PARTNERS



NATIONAL PARTNERS



15:15-16:15 Team Free J3 (9)

(circa 5 minutes – change of judges)

Circa 16:20-17:10 Team Technical J1 (7) + Male Solo Tech (1 out of competition)

17:20-17:45 Warm up Solo Free J3

17:20 Technical Controllers' and Judges' Meeting Solo Free J3

17:55-19:15 Male and Female Solo Free J3 (1+17)

19:25-19:50 Warm up Solo Free J1

19:25 Technical Controllers' and Judges' Meeting Solo Free J1

19:55 Awards Ceremony J3 Solo Free and J3 Team Free

20:05-21:30 Competition Male Solo Free (1 out of competition) and Female Solo Free (1 out of competition) and Female Solo Free J1 (10)

Sunday, May 25th

08:30 Pool Opening

08:45 Team Managers' Meeting and Draw for J3 Duet and Combo Start List

09:00-9:25 Warm up Duet Technical

09:00 Technical Controllers' and Judges' Meeting Duet Technical J1

09:35-10:40 Mixed Duet Technical (1 out of competition) and Duet Technical J1 (13)

10:50-11:15 Warm up Duet Free J3

10:50 Technical Controllers' and Judges' Meeting Duet Free J3

11:25-12:35 Mixed Duet Free and Duet Free J3 (1 + 12)

12:45-13:15 Warm up Team Free J1 – 10 minutes swimming + run through with music

12:45 Technical Controllers' Meeting Team Free J1 – **Observe music training.**

12:50 Judges' Meeting Team Free J1

13:30-14:00 Competition Team Free J1 (4) and Female Duet Free (1 out of competition)

14:05 Awards Ceremony J3 Duet Free, J1 Solo Tech, J1 Solo Free, J1 Duet Tech, J1 Duet Free and J1 Team Technical

14:30-14:55 Warm up Free Combination J3 – 10 min. swimming + run through with music

14:55-15:20 Warm-up Acrobatic Routine J1 – 10 min. swimming + run through with music

14:30 Technical Controllers' Meeting Combo J3 + Acro J1 – **Observe music training.**

14:45 Judges' Meeting Free Combination J3 and Acrobatic Routine

**15:30-16:15 Competition Free Combination J3 (Pre+2) followed directly by
Acrobatic Routine J1 (3)**

16:45 Awards Ceremony J3 Free Combination, J1 Team Free and J1 Acrobatic